

Which Partners are in the Sheldon Kennedy Centre of Excellence?



The Centre of Excellence is situated on the main campus of Red Deer Polytechnic in Red Deer, Alberta. This one-of-a-kind Centre brings together strategic partners in mental health, addiction, and child maltreatment sectors to remove the siloed approach to wellness. These strategic partners work together from within the same Centre to better serve the children, youths, and adults that require vital programs and services offered at the Centre of Excellence.

Level 1



Alberta Health Services

Step Up Step Down

Step-Up Step-Down (SUSD) is a program offered by Alberta Health Services. SUSD supports youth aged 13-17, who have complex mental health challenges, and includes intensive clinician and caregiver involvement to help youth thrive at home, in school, and within the community.

Level 2



CASASC
CENTRAL ALBERTA
SEXUAL ASSAULT SUPPORT CENTRE

The Central Alberta Sexual Assault Support Centre (CASASC) supports those affected by sexual violence in the Central Alberta region. They specialize in healing sexual trauma so clients can talk freely about the hard stuff with no judgement. They provide a range of support services for individuals who are affected by sexual violence including counselling, play therapy, police and court support, crisis support and education.



Alberta Health Services

Lindsey More Youth Mental Health and Addiction Hub

Level 2 Continued...



Move Your Mood (MYM) is an Alberta Health Services program that promotes physical activity and healthy lifestyle practices to improve the mental and physical well-being of participants. The MYM program provides opportunities for participants to experience how to move their bodies, fuel their bodies, practice mindfulness, and build positive coping strategies. The Move Your Mood studio will be available for all children and youth in the Centre and the wider community to learn healthy lifestyle practices.

Level 3



**Central Alberta
Child Advocacy Centre**

The Central Alberta Child Advocacy Centre (CACAC) works with children, youth, and families that have been affected by some form of abuse, maltreatment, and/or mental health. Together with their partners, the CACAC works to help the family navigate the system, connect them to programs and services to help them on their path to healing, and advocate for the child/youth. The CACAC has a multidisciplinary team that collaborates to provide an integrated action plan for the child/youth and get a full picture of the situation. The CACAC joins with key partners, including Child and Family Services, Alberta Health Services, Alberta Education, and the RCMP

The CACAC has partnered with the RCMP to conduct forensic interviews, when necessary, which are used as recorded statements during court proceedings. The aim is for the child to only tell their story one time in front of a highly trained forensic interview specialist. These RCMP members work directly at the Centre of Excellence full time as part of the team on Level 3.

All Levels



The partnership between Red Deer Polytechnic and the Central Alberta Child Advocacy Centre involves more than the land agreement. The Centre of Excellence will impact up to 15 different curriculums, with unlimited potential for in-house training in as many disciplines. Red Deer Polytechnic has also integrated a research centre and data analysis/tracking to help ensure that the Centre of Excellence is always moving forward.

www.centralalbertacac.ca/centre-of-excellence/